

**Are you
overweight? Do
you have high
blood pressure
or blood sugar?**

Join this study today!

*** Find out if you qualify for this 4 week study which will test the health effects of cranberries on specific health problems.**

You may qualify for this study if you are a male or female with at least three of the following:

- A waist circumference of **greater than 40 in.** in men or **35 in.** in women
- **HDL less than 40 mg/dL** in men or **50 mg/dL** in women
- **Blood pressure \geq 130/85 mmHg** or are on **blood pressure medications**
- **Triglycerides \geq 150 mg/dL**
- **Fasting blood glucose \geq 100 mg/dL but \leq 126 mg/dL**

**CONTACT
DR. ARPITA BASU
405-144-4431**

**All assessments
will be free of
charge.
Study participants
will receive a
compensation per
visit.**

